Misusing prescription drugs can have serious consequences for you and your growing baby. Sometimes misuse can be an accident (example: not understanding how much to take). Knowing how to read a prescription label can help keep you safe.

NOTE: Not all prescription labels will look like this or have the same information. Please ask your doctor or pharmacist how to read your prescription label if you have any questions.

Adapted from: Arkansas Blue Cross and Blue Shield. 2017. How to read your medication labels

Get the free information and support you need to stop or cut down on substance use while pregnant, breastfeeding, and caregiving.

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LOOKING FOR SUBSTANCE USE TREATMENT OR RECOVERY SERVICES? CALL 2-1-1 OR (833) 944-4673