ABOUT GRAPEVINE

GrapeVine is a community-based chronic disease prevention program that is dedicated to helping Wisconsin residents achieve their healthiest potential, at any age.

We partner with local healthcare professionals and connect directly with community members to share relevant, reliable, accessible health information, support and resources.

HOW GRAPEVINE WORKS

WWHF develops health education curricula in partnership with academic partners.

Healthcare professionals are trained to provide free education sessions for Wisconsin communities.

WWHF connects individuals to trusted health information, support and resources.

SESSION TOPICS

Advance Care Planning
Bone Health
Brain Health
Breast Health
Diabetes (Type 2) Prevention
Gynecologic Cancers
Heart Disease & Stroke
Journaling, Coping with Stress
Mental Health
Nutrition
Opioid Misuse Prevention
Self-Care
Sleep
GRAPEVINE PARTNER PARTICIPATION IN 2021:
- 4 New Partners
- 39 Active Partners
- 33 Unit Trainings Completed

2021 ANNUAL GRAPEVINE CONFERENCE

The 2021 Annual GrapeVine Conference took place virtually on October 12th & 13th.

21 GrapeVine Partners attended Day 1, and 16 attended Day 2
- 85.7% reported that the conference gave them something new to share with their community
- 100% reported the conference was a valuable event to attend

Two new health education topics were introduced: Nutrition & Sleep
- 100% of those who attended reported their knowledge on the topic was increased

What did attendees say was most beneficial about the GrapeVine Conference?

I loved how interactive the conference was. You provided excellent information for us!

For me, just getting back in touch with GrapeVine after my recent lapse. I felt welcomed and encouraged to continue to share health information within my faith community. Thank you.

Guest speakers were excellent, unit updates, the staff really utilized pandemic time, I know this was a lot of work.

WWHF provides awesome information at a great level! The organization is very impactful, dedicated, and innovative in improving women’s health in WI!
18 healthcare professional volunteers presented 49 health education sessions.

657 Wisconsin residents were educated on disease prevention and healthy lifestyle changes.

"This webinar series is a valuable and important community service. Thank you so much for providing wide-spread access to this information."

- GrapeVine Participant

See TABLE 1. GRAPEVINE SESSION PARTICIPATION (Page 4).

DEMOGRAPHICS (Self-reported by women who completed the post-session survey; n = 337)

Attendee Age
- Average age = 60
- Age range = 26 - 88

Attendee Race/Ethnicity
- White 82%
- Black 8.7%
- Hispanic or Latino/a/x 2%
- Multiracial 0.6%

Attendee Education Level
- High School or GED 11.6%
- Some College/Associate Degree 35%
- Bachelor Degree 31.8%
- Masters Degree or Higher 19.3%
- < High School 0.6%
Overall, 88% of surveyed GrapeVine participants reported that they learned new health information.

Of surveyed GrapeVine participants, 100% reported feeling motivated to take action to improve their health after attending a session.

### Participant Quotes:

*I loved this wasn't preachy or condescending. Very compassionate approach and tones of voices and slides. I needed that. Thank you.*

*This was excellent, I loved it! You hear so often that you need to reduce stress and the impacts of it and I always felt like, "OK, well how do I do that?". I loved that this provided actual information and tips that I can apply to my life to reduce stress and increase coping. The nurse who presented was excellent - I just felt so relaxed through her calming voice. She was the perfect person to do this session and very knowledgeable on the topic!*

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**In 2021, GrapeVine was funded by Department of Health Services Wisconsin Well Woman Program**

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**GRAPEVINE PROGRAM 2021 ANNUAL REPORT**

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**49 SESSIONS**

**NUMBER OF SESSIONS BY UNIT**

- Advance Care Planning
- Bone Health
- Brain Health
- Breast Health
- Diabetes Prevention
- Gynecologic Cancers
- Heart Disease & Stroke
- Journaling, Coping with Stress
- Mental Health
- Nutrition
- Opioid Misuse Prevention
- Self Care
- Sleep

**657 ATTENDEES**

**NUMBER OF ATTENDEES BY UNIT**

- Advance Care Planning
- Bone Health
- Brain Health
- Breast Health
- Diabetes Prevention
- Gynecologic Cancers
- Heart Disease & Stroke
- Journaling, Coping with Stress
- Mental Health
- Nutrition
- Opioid Misuse Prevention
- Self Care
- Sleep